Menu for July, 2017

Date	Day	Breakfast	Lunch				
7/3/17	Mon	Misal Pav	Steamed Rice	Dal Lasooni Tadka	Veg Makhanwala	Chapatti	Gajar Ka Halwa
7/4/17	Tue	Sabudana Khichdi n Cucumber Curd	Brown Rice	Dal Dhansak	Paneer Mutter Masala	Palak Paratha	Green tossed Salad
7/5/17	Wed	Medhu Wada Sambhar	Steamed Rice	Dal Makhni	Jeera Aloo	Chapatti	Bobby
7/6/17	Thur	Penne Pasta in Cream Sauce	Onion n Mint Pulao	Dal Kolhapuri	Matki Usal	Methi Paratha	Papaya
7/7/17	Fri	Spinach Idli and Chutney	Veg Fried Rice	Veg Balls in Hot Garlic Sauce	Crispy Veg	Spinach Soup	Oriental Salad
7/8/17	Sat	Masala Uttapam n Tomato Chutney					
7/10/17	Mon	Veg Upma and Banana	Masale Bhaat	Varan	Baingan Masale	Masala Poli	Koshimbir
7/11/17	Tue	Chole Puri	Steamed Rice	Dal Fry	Paneer Makhanwala	Tawa Paratha	Papad
7/12/17	Wed	Veg S/w	Veg Pulao	Dal Tadka	Rajma Masala	Chapatti	Fruit Custard
7/13/17	Thur	Green Poha and Banana Milkshake	Steamed Rice	Akka Masoor Dal	Tawa Sabzi	Chapatti	Salad
7/14/17	Fri	Macaroni Pasta in Tomato Sauce	Veg Biryani	Veg Raita	Chana Masala	Chapatti	Papad
7/17/17	Mon	Veg Cutlet & Ketchup	Jeera Rice	Dal Palak	Aloo Mutter	Puri	Sewai Kheer
7/18/17	Tue	Masala Idli & Sambhar	Steamed Rice	Dal Pancham	Paneer Tikka Masala	Palak Paratha	Carrot n Cucumber Sticks
7/19/17	Wed	Pav Bhaji	Lemon Rice	Sambhar	Bhendi Masale	Chapatti	Fryums
7/20/17	Thur	Sabudana Wada n Cucumber Curd	Steamed Rice	Kadi Pakode	Pindi Chole	Tawa Paratha	Tossed Salad
7/21/17	Fri	Pineapple Sheera with Fruit Cuts	Veg Fried Rice	Veg Manchurian Gravy	Gobi Manchurian Dry	Veg Manchow Soup	Kimchi Salad
7/22/17	Sat	Paneer Bhurji Wrap					
7/24/17	Mon	Puri Bhaji	Veg Pulao	Dal Tadka	Cauliflower mutterMasala	Methi Paratha	Pickle
7/25/17	Tue	Onion& Tomato Uttapam & Chutney	Steamed Rice	Dal fry	Paneer Kadhai	Chapatti	Green Salad
7/26/17	Wed	Aloo Poha	Kashmiri Pulao	Dal Makhni	Veg Kofta Curry	Chapatti	Papad
7/27/17	Thur	Idli Chutney	Steamed Rice	Pakode wali Dal	Chawli Masale	Tawa Paratha	Payasam
7/28/17	Fri	Kada Pav Bhaji	Browm Rice	Dalcha	Tawa Sabzi	Chapatti	Carrot Poriyal
7/31/17	Mon	Batata Wada & Sambhar	Half Day				

Please expect minor changes/ Interchanges in the Menu subject to availability of Vegetables

Canteen Supervisor | Vice Principal | Principal