

Menu for Breakfast and Lunch for Sept, 2017

Date	Day	Breakfast	Lunch				
01.09.17	Fri	Sabudana Khichdi/Cucumber Curd	Veg Fried Rice	Crispy Veg	Veg Manchurian	Hot n Sour Soup	Salad
04.09.17	Mon	Puri Bhaji (Dry)	Steam Rice	Dal Palak	Rajma Masala	Chapati	Kheer
06.09.17	Wed	Macaroni Pasta in Tomato Sauce	Brown Rice	Dal Dhansak	Paneer Mutter Masala	Palak Paratha	Green tossed Salad
07.09.17	Thur	Masala Poha with Fruit Cuts	Jeera Rice	Dal fry	Veg Makhanwala	Methi Paratha	Papad
08.09.17	Fri	Bread Pattice and Ketchup	Basil Rice	Pasta in Tomato Sauce	Veg Augratin	Spinach Soup	Salad
09.09.17	Sat	Uttapam Chutney	Steamed Rice	Dal Lasooni Tadka	Tawa Sabzi	Chapatti	Gajar Ka Halwa
11.09.17	Mon	Batata Wada Sambar	Masale Bhaat	Varan	Baingan masala	Masale Poli	Kuchumber
12.09.17	Tue	Idli Chutney	Steamed Rice	Akka Masoor	Jeera Aloo	Chapatti	Kheer
13.09.17	Wed	Misal Pav	Onion n Mint Pulao	Dal Tadka	Mutter Masala	Puri	Green Salad
14.09.17	Thur	Pasta in White Sauce	Steamed Rice	Sambhar	Veg Kofta Curry	Chapatti	Salad
15.09.17	Fri	Chole Puri	Brown Rice	Dhansak Dal	Paneer Makhanwala	Tawa Paratha	Caesars Salad
18.09.17	Mon	Veg S/w with Ketchup	Steamed Rice	Kadi Pakode	Aloo Gobi Capsicum	Chapatti	Bhoondi Raita
19.09.17	Tue	Medhu Wada Sambar	Green Pea pulao	Dal fry	Bhendi Masale	Palak Paratha	Green Salad
20.09.17	Wed	Cornflakes with Milk and Fruits	Steamed Rice	Dal Makhni	Chole Amritsari	Chapatti	Papad
21.09.17	Thur	Sabudana Khichdi /Cucumber Curd	Veg Pulao	Matki Usal	Red Pumkin	Tawa Paratha	Beet Root n Carrot salad
22.09.17	Fri	Peas Poha with Fruit Cuts	Onion n Mint Pulao	Dal Tadka	Baigan Masala	Chapatti	Fruit Custard
23.09.17	Sat	Veg Cutlet	*	*	*	*	*
25.09.17	Mon	Upma with Milk shake	Steamed Rice	Dal Methi	Corn Palak	Chapatti	Shredded Salad
26.09.17	Tue	Idli Sambar	Steamed Rice	Dal Kolhapuri	Paneer Tikka masala	Chapatti	Papad
27.09.17	Wed	Pav Bhaji	Kashmiri Pulao	Dal Bukhara	Aloo Sabzi	Tawa Paratha	Pineapple Raita
28.09.17	Thur	Sheera with Banana	Lemon Rice	Rasam	Veg Kuttu	Chapatti	Payasam

29.09.17	Fri	Onion Uttapa and Chutney	*	*	*	*	*
** Menu Subject to Changes based on Vegetable availability in the season							
Canteen Supervisor		Vice Principal				Principal	