

**Breakfast and Lunch Menu for Sept, 2019**

<b>Date</b>	<b>Day</b>	<b>Breakfast</b>	<b>Lunch</b>				
9/3/19	Tue	Masala Poha with Fruit Cuts	Steamed Rice	Dal Bukhara	Jeera Aloo	Chapatti	Sewai Kheer
9/4/19	Wed	Veg Chutney S/w n Ketchup	Veg Biryani	Chawli Masale	Chapatti	Veg Raita	
9/9/19	Mon	Masala Upma with Banana Milk Shake	Green Pea Pulao	Dal fry	Aloo Gobi Capsicum	Palak Paratha	Papad
9/10/19	Tue	Medhu wada Sambar	Steamed Rice	Dal Tadka	Rajma Masala	Chapatti	Tossed Salad
9/11/19	Wed	Pasta in cream Sauce	Onion & Mint Pulao	Dal Fry	Paneer Kadhai	Tawa Paratha	Boondi Raita
9/13/19	Fri	Misal Pav	Veg Fried Rice	Veg Balls in Hot Garlic Sauce	Crispy Veg	Kimchi Salad	
9/14/19	Sat	Idli Sambar					
9/16/19	Mon	Sabudana Khichdi n Cucumber Curd	Steamed Rice	Kadi Pakode	Soya Masale	Chapatti	Fryum
9/17/19	Tue	Onion Uttapam n chutney	Masale Bhaat	Varan	Veg Kolhapuri	Masale Poli	Kuchumber
9/18/19	Wed	Batata wada Sambar	Steamed Rice	Akka Masoor	Paneer Tikka Masala	Chapatti	Fruit Custard
9/19/19	Thur	Pav Bhaji	Veg Pulao	Dal kolhapuri	Tawa Sabzi	Methi Paratha	Tossed Salad
9/20/19	Fri	Chole Puri	Pasta In Pesto Sauce	<b>{ **Single meal Lunch Packets will be provided on Examination Days }</b>			
9/23/19	Mon	Green Pea Poha with Banana	Veg Biryani				
9/24/19	Tue	Idli Chutney					
9/25/19	Wed	Pasta in Pesto Sauce	Paneer Rolls				
9/26/19	Thur	Bread Pattice n Ketchup					
9/27/19	Fri	Veg Cutlet n Ketchup	Veg Pulao				
9/28/19	Sat	Onion Uttapam n chutney	Pasta in cream Sauce				
9/30/19	Mon	Sabudana Wada n Cucumber curd	Veg Pulao	Dal Tadka	Veg Jalfrezi	Chapatti	Payasam
<b>** Children with Lunch Passes to collect their Lunch Packets on their way out</b>							
<b>## Menu Subject to changes, depending upon availability of ingredients and Veggies in the market</b>							
<b>Canteen Supervisor</b>			<b>Principal</b>				