Breakfast and Lunch Menu for January 2019

Date	Day	Breakfast	Lunch				
03.01.19	Thur	Puri Bhaji	Jeera Rice	Dal Tadka	Chole Masale	Chapatti	Green Salad
04.01.19	Fri	Idli Sambar	Veg Biryani	Veg Raita	Mix Veg	Chapatti	Fryum
07.01.19	Mon	Sabudana Khichdi n Cucumber Curd					
08.01.19	Tue	Pav Bhaji					
09.01.19	Wed	Pasta in White Sauce					
10.01.19	Thur	Onion Uttapam n Chutney					
11.01.19	Fri	Medhu Wada Sambar					
12.01.19	Sat	Veg Cutlet n Ketchup					
14.01.19	Mon	Masala Upma and Chocolate Milk	Steamed Rice	Dal Fry	Kadhai Sabzi	Palak Paratha	Tossed Salad
15.01.19	Tue	Idli Chutney	Masale Bhaat	Varan	Batata Sukhi Sabji	Puri	Gajar Halwa
16.01.19	Wed	Sabudana Wada n Cucumber Curd	Steamed Rice	Kadi Pakode	Rajma Masale	Chapatti	Koshimbir
17.01.19	Thur	Veg S/W n Ketchup	Onion n Mint Pulao	Dal Makhini	Bhuna Veg	Tawa Paratha	Papad
18.01.19	Fri	Poha and Fruit Cuts	Veg Fried Rice	Hot n Sour Soup	Veg Manchurian	Crispy Veg	Kimchi Salad
21.01.19	Mon	Fusilli Pasta in Pesto Sauce	Green Pea Pulao	Dal Tadka	Paneer Palak	Methi Paratha	Carrot n Cucumber sticks
22.01.19	Tue	Batata Wada n Sambar	Steamed Rice	Dal Panchmel	Veg Jalfrezi	Chapatti	Tossed Salad
23.01.19	Wed	Chole Puri	Lemon Rice	Rasam	Red Pumpkin	Chapatti	Payasam
24.01.19	Thur	Onion Uttapam n Chutney	Steamed Rice	Dal Bukhara	Bhendi Masala	Masale Poli	Bhoondi Raita
25.01.19	Fri	Shira n Milk Shake	Veg Biryani	Veg Raita	Chawli masale	Chapatti	Sewai Kheer
26.01.19	Sat	Pav Bhaji					
28.01.19	Mon	Puri Bhaji	Steamed Rice	Dal Fry	Tawa Sabzi	Tawa Paratha	Green Salad
29.01.19	Tue	Masala Idli n Sambar	Veg Pulao	Gujrati Dal	Bharta Baingan	Chapatti	Caesars Salad
30.01.19	Wed	Bread Pattice n Ketchup	Steamed Rice	Dal palak	Paneer Tikka Masala	Methi Paratha	Fruit Custard
31.01.19	Thur	Utappam n Tomato Chutney					
** **Menu Subject to Changes based on Vegetable availibility in the season**							